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B/49770/AG/ECHS/Treatment/2022

31 Jan 2022

All Regional Centres

### REGISTRATION ON SEHAT OPD (ids.sehatopd.in)

1. Ref letter No 70012/4/1/DCIDS (Med) dated 19 Jul 2021 (copy attached).
2. The updated online Telemedicine facility SEHAT ([ids.sehatopd.in](https://ids.sehatopd.in)) was inaugurated by the Honorable RM on 27 May 2021. This issue was flagged by the Defence Secretary in meeting on 09 Jul 2021.

#### Registration of ECHS Beneficiaries and Dependents

3. All ECHS beneficiaries and dependents are entitled to take consultation on the SeHAT OPD. The beneficiaries have to be registered on this app and authenticated by Doctors of the Parent Polyclinics who have been registered on the SeHAT. All ECHS beneficiaries dependent on the polyclinics under your Regional Centers will be encouraged to register and utilize the SeHAT App for consultation online. Those beneficiaries who are seeking consultation and prescription for continuous treatment medicines will benefit by not having to visit the polyclinic.
4. The registration for the SeHAT OPD will be carried out by the beneficiary online on website <https://sehatopd.gov.in>. Presently, the facility for home delivery of medicines based on the prescription generated on SeHAT OPD is available at Delhi. The details are available on the opening screen of the SeHAT OPD Website. ~~The beneficiaries seeking home delivery of medicines will have to pay the cost of delivery to the delivery agency through Cash On Demand (COD).~~
5. The registration process has to be carried out in two parts. Firstly, the ECHS Beneficiaries should fill required details on the form on the website. Secondly, the beneficiaries should get their registration approved by the AMA. In case of ECHS beneficiaries, the AMA will be MO from parent polyclinic registered on SeHAT. The beneficiaries will be required to visit the polyclinic and obtain approval. For the purpose of registration, following documents will be carried by the beneficiary:-
  - (a) Smart ECHS Card.
  - (b) Aadhar Card.
  - (c) Registered Mobile Number.
  - (d) Email Address.
6. The ECHS Beneficiaries can also download the SeHAT App from Google Play Store and register themselves.

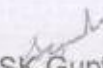
### Consultation

7. The beneficiaries will be able to take video consultation through the SeHAT after successfully logging in. The detailed procedure for consultation has been given in the User Guide for Patients, enclosed with this letter.

### Prescription and Issue of Medicines

8. Post successful consultation, a prescription will be generated which can be downloaded and printed or emailed.

9. You are requested to ensure wide dissemination of the above information to the beneficiaries and direct all the polyclinics to assist the beneficiaries in registration for SeHAT OPD.

  
(SK Gupta)  
Col  
Jt Dir (Med)  
for MD ECHS

### Encls.

1. Copy of letter No 70012/4/1/DCIDS (Med) dated 19 Jul 2021
2. User Guide for Patients
3. Powerpoint presentation for user guidance